

AUGUST *Digital Preparedness*

Rebuilding your life after a disaster will be stressful and challenging. Personal financial, insurance, medical and other records are crucial for starting the recovery process quickly and efficiently. Take steps now to prepare for your recovery.

ACTION ITEMS for August. See LINKS for How-To information.

Copy all items to a flash drive and up to the cloud (see Get Tech Ready link). Put the flash drive on your key ring, in your Go Bag, or ask someone out of the area you trust to hold in case of emergency. Perhaps all three?

- 1 Gather and scan your financial and legal records (or save the digital files).
Examples: Mortgage payments, bank records, retirement accts, estate planning, tax documents, titles to house and autos, etc.
- 2 Collect your personal and medical papers (pet info too!) Examples: Driver's license, Social Security cards, passports, birth certs, military ID, pet tags, list of medications, marriage/divorce papers etc. Scan and save.
- 3 Pull together your insurance and household documents. Examples: residence address and list of occupants, mailing address, employment info, insurance policies. Scan, and/or save digital files.
- 4 Prepare and save a list of all contacts including an out of state contact.
Examples: Names and contact info of children, spouses, family and out of state contacts. Photos of you, your spouse, family, and pets.
Keep a paper print-out of your contacts in your Stay Kit and Go Bag.

Stay Kit GROCERY LIST (8 of 11)

- 8 16-oz cans fruit
- 8 13-oz cans ready to eat meat
- 8 14.5-oz cans vegetables
- 8 20-oz cans ready to eat soup
- 4 16-oz cans ready to eat beans
- 4 cartons of 8-pack (12-fl oz cans) flavored water

Preparedness Calendar is for a family of 4 & 1 pet - adjust to your needs.

FUN FACT

The app [CamScanner](#) for iOS and Android 5.0 and up is free and easy to use.

LINKS

1. [Ready.gov Financial Preparedness](#)
2. [Consumer Finance](#)
3. [Get Tech Ready](#)

REMINDERS

- ✓ Mark expiration dates on all stored perishables including water, beverages, canned food and bleach. Purchase items you like to consume, rotate your supplies, and use older items first.
- ✓ Did you get your Samson water storage containers? Check back with [LAMORINDA CERT](#) for their Fall sale.
- ✓ Sign up for **Fall** [CERT Basic Training](#).



For more information visit your Martinez Area Community Emergency Response Team, (CERT) www.martinezcet.org

This calendar is designed to break down large tasks into monthly steps to be less overwhelming. The calendar lists many items to be purchased early in the year, before the distractions of the holiday season. While perishables must be replenished, hardware purchases should be mostly one-time expenses. Time purchases to work best for you!