

# BASIC TRAINING Spring 2025

Presented by Martinez Area CERT

## **ARE YOU DISASTER READY?**

Is your family prepared? Are you trained to help your neighborhood? Disasters can strike at any time and being prepared for these, and other unexpected events is critical to saving lives. Each of us has a responsibility to understand the risk natural and man-made disasters pose to our families and communities, and to recognize we each have a role in preparing for these events. The CERT program educates volunteers about disaster preparedness for local hazards. The course offers a consistent, nationwide approach to volunteer training and organization that professional responders can rely on during disaster situations, allowing them to focus on more complex tasks.

### FREE BASIC TRAINING - Spring 2025

A free instructor-led course consists of 25 hours of instruction on topics such as Personal and Family Preparedness, Earthquake Preparation, Team Organization, Medical Operations and Triage, Damage Assessment, Fire Suppression, Utility Control, and Light Search & Rescue. To practice, assess, and improve emergency response and on-the-ground operations we conclude with two drills. These exercises were developed according to national guidance and principles outlined by the Homeland Security Exercise and Evaluation Program. We also offer a supplemental exercise to practice field-work radio skills.

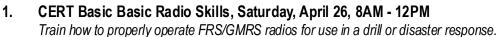


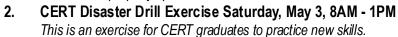
#### **WEDNESDAY EVENING SERIES. 8 CLASS SESSIONS**

March 5, 12, 19, 26 and April 2, 9, 16, and 23 **6PM-9:30PM** Held at the Martinez Senior Center, 818 Green St. Martinez.

#### **SATURDAY EXERCISES**

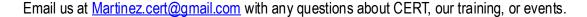
These exercises will be held at the City Hall Complex, 525 Henrietta St. Martinez. Dates for the below exercises are April 26, and May 3. Details will be provided to all students.

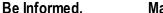




To register, email your name and phone number to <a href="Martinez.cert@gmail.com">Martinez.cert@gmail.com</a>. Include "Spring Basic Training" in the body of your email or scan the QR code to use our online form.

You are an important part of the disaster solution for our city. CERT will train you to be better prepared for emergencies and how to respond when your family, neighbors, and community need you most.





Make a plan.

Build a kit.

Get involved.









