

SAFETY TIP – Steps to take after a major Earthquake

Information from Martinez Area CERT

Recover. Reconnect. Rebuild.

In the days and weeks that follow a big earthquake you can start the process of recovery. Restore daily life by assessing and repairing damage, reconnecting with others, and rebuilding your home and community. Aftershocks will continue to happen for several days or weeks after a major earthquake – stay alert and be ready to drop, cover, and hold on! More information is available at EarthquakeCountry.org, Ready.gov and Listoscalifornia.org.

RECOVER

Step 1

Take care of yourself and your loved ones first! Protect your head, hands, and feet before checking your home for damages.

Step 2

Inspect your gas valve and shut it off if you smell, hear, or see gas leaking.

Step 3

Shut off water main to protect the water in your water heater from contamination and reverse drainage.

Step 4

Post OK / HELP sign on your front door. If you are able, check on your neighbors, especially those who are seniors or disabled.



Practice how to shut off utilities

RECONNECT

Step 5

Turn on your radio or TV for important safety advisories and information for emergency housing, food, first aid, clothing and financial assistance. Resources may be available from federal, state and local governments.



Tune into KCBS 740 AM

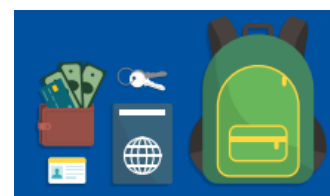
REBUILD

Step 6

Take pictures of any damage to your property and home. Contact your insurance agent or company right away to begin your claim process. Keep records of any repair or cleaning costs.

Step 7

If your home is deemed structurally unsafe or otherwise threatened, you may need to evacuate. If so, tell a neighbor and you out-of-state-contact where you are going. Take your essentials: personal PPE, medications, change of clothing, towel, personal identification and copies of household and health insurance information, personal supplies, water, food and snacks, blanket/pillow, supplies for infants.



Have a Go Bag packed and ready



For more information visit your Martinez Area Community Emergency Response Team, (CERT) at www.martinezcet.org

Images: Listos, FEMA, CERT