

# SAFETY TIP – Emergency supplies for your home

Information from Martinez Area CERT

## Stay safe. Stay home.

After some disasters, you may be safer staying at home but minor damage from the disaster may make that uncomfortable. You may not have water, or electricity. Your emergency supplies should prepare you for at least 3 days without water or electricity. Add to your supplies a little at a time until you have enough for everyone in your household including your pets. Some of these items may be common household items – if they're in your kit, you'll know where they are after a disaster! Assemble your kit in airtight plastic bags and then pack into duffle bags or plastic bins. Re-think your needs every year and update your kit as you and your family's needs change. Replace expired items as needed. More information is available at [Listoscalifornia.org](http://Listoscalifornia.org), and [ready.gov](http://ready.gov).

### WATER

You will need a minimum of 1 gallon per person per day for drinking and sanitation. Pack some moist towelettes for personal use.



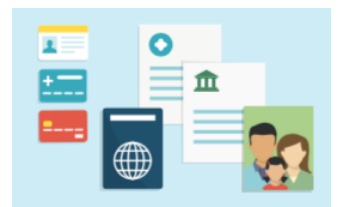
### FOOD

Store foods that will not spoil and require no cooking. You may also want to pack paper plates, plastic utensils and paper towels. Be sure to pack a can opener! Pack food and water for your pet.



### SUPPLIES

- Trash bags – store extra trash bags with ties to use in a bucket for a toilet.
- A dust mask, plastic sheeting and duck tape
- A battery powered or hand crank AM radio with the NOAA Weather band and tone alert. Tune to KCBS AM 740 for local updates.
- Flashlight
- First aid kit
- Extra batteries
- Whistle
- Adjustable wrench
- Change of clothing and sturdy shoes
- Pack a cell phone charger and a charged backup battery
- Pack important family documents (insurance documents, identification cards, and bank records) on flash drive or printed and saved in a waterproof, portable container. Tuck in a copy of your contacts list too!



**Build a kit. Make a plan. Be prepared.**



For more information visit your Martinez Area Community Emergency Response Team, (CERT) at [www.martinezcert.org](http://www.martinezcert.org)

Images: Listos, FEMA, CERT