



# NOVEMBER *Holiday Safety*

If you plan to travel during the holidays, be sure to check weather forecasts, avoid driving in bad weather and be sure to have your **Emergency Car Kit**. When cooking, be mindful of fire risks.

## **ACTION ITEMS for November.** See LINKS for How-To information.

1. Prepare an **Emergency Car Kit**.
2. Check expiration dates on your perishable items and replenish your food cache.
3. Test your smoke alarms and review home fire escape plan.
4. Practice safe kitchen habits: Stay in the kitchen when using the stovetop. Use timers to remind you of cooking times for oven and stove-top. Never use water to put out a cooking fire. Cover, use extinguisher or baking soda to put out a fire.

## **EMERGENCY KIT FOR YOUR CAR**

In addition to the items you used to build your Go Bag, add these:

- Flares, blinking safety lights or reflective triangle
- Cat litter or sand for better traction in snow and ice
- Jumper cables or portable battery pack
- Car cell phone charger
- Maps
- Blanket
- Ice scraper

### *Stay Kit GROCERY LIST (10 of 11)*

- 4 16-oz cans fruit
- 4 13-oz cans ready to eat meat
- 4 14.5-oz cans vegetables
- 4 20-oz cans ready to eat soup
- 4 16-oz cans ready to eat beans

*Preparedness Calendar is for a family of 4 & 1 pet.  
Adjust to your needs.*

## **FRYING THE TURKEY?**

### **Cook away from the house.**

Set up more than 10' from your home.

**Cook on flat ground.** Hot oil should be always steady.

### **Be certain turkey is thawed and dry.**

Water in hot oil will cause the oil to bubble and spill over.

### **Monitor the temperature.**

Lids and handles get hot too!

**Be prepared!** Have a multi purpose fire extinguisher at hand.

## **FUN FACT**

Holiday season is a great time to donate to a local food pantry. Most are happy to accept perishable items that are close to their expiration date.

## **LINKS**

1. [Ready.gov Home Fires](#)
2. [PBS Frying Turkey](#)
3. [Ready.gov Car Kit](#)

## **REMINDERS**

Mark expiration dates on all stored perishables including water, beverages, canned food and bleach. Purchase items you like to consume, rotate your supplies, using older items first, or donate them!



For more information visit your Martinez Area Community Emergency Response Team, (CERT) [www.martinezcert.org](http://www.martinezcert.org)

This calendar is designed to break down large tasks into monthly steps to be less overwhelming. The calendar lists many items to be purchased early in the year, before the distractions of the holiday season. While perishables must be replenished, hardware purchases should be mostly one-time expenses. Time purchases to work best for you!